

Community

Connections

Of Central Texas

901 Ave B, Brownwood, Tx 76801 Phone: 325-646-5939 Fax: 325-643-3512 Website <u>www.cflr.us</u>

Call today for more information or to schedule an appointment

PARENTING WISELY WORKSHOP

Parenting Wisely Workshop provides parents opportunities to learn new ways to increase positive outcomes within the child and parent relationship.



As a parent, you will have the opportunity to gain insight with the following:

**Positive communication
** Self-control parenting
** Positive support system
**Principals of effective parenting
**Identify age related needs and concerns of children
**Ability to apply skills to difficult situations
**Positive and alternative discipline strategies
**Resources available in area

Frequently Asked Questions

How do I enroll?

**Registration begins at 4:30pm on the date listed for the first class. The workshop begins at 5:15pm and will end at 7:15pm.

How much does it cost?

**A charge of \$10.00 will be collected at the beginning of the workshop. Cash or money order must be exact amount only. No checks or debit/credit cards accepted.

Is there childcare on-site?

**Childcare is provided at no cost on-site to you with advanced notice.

When are the seminars?

**Every five weeks a new class will start. The child (age 3-11) workshop is 1x a week in person for 4 weeks for 2 hours and the teen (age 12-17) workshop is 1x a week in person for 5 weeks for 2 hours. *Computer only course available with advanced notice.

Dol receive a certificate?

**Yes, you will receive an individualized certificate. You must complete the workshop to receive the certificate.

<u>Can anyone take this seminar?</u> **Yes, anyone is welcomed to take the Parenting Wisely Workshop.

<u>Can an agency or school host a workshop in 7 surrounding</u> <u>counties?</u>

**Yes, contact CCCT for more information

2019 Workshop Dates @CCCT

Call for Child or Teen Workshop Schedule * February 12th (Child 4 week workshop) * March 12th * April 16th * May 21st * July 9th * August 13th * September 17th * October 22nd * November 26th (Child 4 week workshop)

For off-site workshop schedules, call CCCT for more information.

About us... Center for Life Resources has been serving local communities since 1970 as an agency of the state. The program Community Connections of Central Texas provides services to strengthen children, individuals, and families. This is done by partnering with agencies and working in a coordinated effort to serve our communities together. Visit www.cflr.us to learn more about the services provided.

Other services with Community Connections of Central Texas: **Children In The Middle **Safe Exchange **Anger Management **Mediation **Counseling **Information and Referral

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